# Pool Schedule

**Late Winter Schedule: March 2-27**

**Dimensions:** 5 Lanes, 25 Yards Long  
**Pool Temp.:** 84°-86°F  
**Depth:** 3-10 Feet  
**Features:** Blocks, Diving Board

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00-8:15 Lap Swim: 5 Lanes</td>
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<td>6:00-8:15 Lap Swim: 5 Lanes</td>
<td><em>Lane 1, if available from 7:30-8:15 can be used for water walking/jogging</em></td>
<td>CLOSED</td>
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<td>CLOSED</td>
<td></td>
</tr>
</tbody>
</table>
| 8:15-8:40 Lap Swim: 4 Lanes  
Adult Rec: 1 Lane | 8:15-8:40 Lap Swim: 4 Lanes  
Adult Rec: 1 Lane | 8:15-8:40 Lap Swim: 4 Lanes  
Adult Rec: 1 Lane | 8:15-8:40 Lap Swim: 4 Lanes  
Adult Rec: 1 Lane | 8:15-8:40 Lap Swim: 4 Lanes  
Adult Rec: 1 Lane | 8:15-11:15 Lessons: 5 Lanes | CLOSED |
| 8:45-9:30 Water Aero: 5 Lanes  
NO LAP SWIM | 8:45-9:30 Water Aero: 5 Lanes  
NO LAP SWIM | 8:45-9:30 Water Aero: 5 Lanes  
NO LAP SWIM | 8:45-9:30 Water Aero: 5 Lanes  
NO LAP SWIM | 8:45-9:30 Water Aero: 5 Lanes  
NO LAP SWIM | 9:05-11:00 Lap Swim: 2 Lanes  
Lessons: 3 Lanes | **SEE BELOW** |
| 9:30-10:00 Water Walk: 4 Lanes  
Lap Swim: 1 Lane | 9:30-10:00 Water Walk: 4 Lanes  
Lap Swim: 1 Lane | 9:30-10:00 Water Walk: 4 Lanes  
Lap Swim: 1 Lane | 9:30-10:00 Water Walk: 4 Lanes  
Lap Swim: 1 Lane | 9:30-10:00 Water Walk: 4 Lanes  
Lap Swim: 1 Lane | 11:00-12:00 Lap Swim: 2 Lanes  
Lessons: 3 Lanes | 11:00-12:00 Rec Swim: 2 Lanes  
Lessons: 3 Lanes |
| 10:00-11:00 Adult Lap: 2 Lanes  
Lessons: 3 Lanes | 10:00-11:00 Adult Lap: 2 Lanes  
Lessons: 3 Lanes | 10:00-11:00 Adult Lap: 2 Lanes  
Lessons: 3 Lanes | 10:00-11:00 Adult Lap: 2 Lanes  
Lessons: 3 Lanes | 10:00-11:00 Adult Lap: 2 Lanes  
Lessons: 3 Lanes | **SEE BELOW** | 12:00-1:00 Lap Swim: 2 Lanes  
Lessons: 2 Lanes  
Lap Rec: 1 Lane |
| 11:00-1:30 Adult Lap: 3 Lanes  
Adult Rec: 2 Lanes | 11:00-1:30 Adult Lap: 3 Lanes  
Adult Rec: 2 Lanes | 11:00-1:30 Adult Lap: 3 Lanes  
Adult Rec: 2 Lanes | 11:00-1:30 Adult Lap: 3 Lanes  
Adult Rec: 2 Lanes | 11:00-1:30 Adult Lap: 3 Lanes  
Adult Rec: 2 Lanes | **SEE BELOW** | 12:00-1:00 Lap Swim: 2 Lanes  
Lessons: 2 Lanes  
Lap Rec: 1 Lane |
| 1:30-2:30 Pre-K Rec: 2 Lanes  
Lap Swim: 3 Lanes | 1:30-2:30 Pre-K Rec: 2 Lanes  
Lap Swim: 3 Lanes | 1:30-2:30 Pre-K Rec: 2 Lanes  
Lap Swim: 3 Lanes | 1:30-2:30 Pre-K Rec: 2 Lanes  
Lap Swim: 3 Lanes | 1:30-2:30 Pre-K Rec: 2 Lanes  
Lap Swim: 3 Lanes | **SEE BELOW** | 1:00-3:00 Lap Swim: 3 Lanes  
Adult Rec: 2 Lanes |
| 2:30-3:20 Lap Swim: 1 Lane  
Family Rec: 2 Lanes  
Lessons: 2 Lanes | 2:30-3:20 Lap Swim: 1 Lane  
Family Rec: 2 Lanes  
Lessons: 2 Lanes | 2:30-3:20 Lap Swim: 1 Lane  
Family Rec: 2 Lanes  
Lessons: 2 Lanes | 2:30-3:20 Lap Swim: 1 Lane  
Family Rec: 2 Lanes  
Lessons: 2 Lanes | 2:30-3:20 Lap Swim: 1 Lane  
Family Rec: 2 Lanes  
Lessons: 2 Lanes | 2:45-3:45 Lessons: 2 Lanes  
Lessons: 3 Lanes  
**SEE BELOW** | 3:00-3:45 Lap Swim: 5 Lanes  
NO LAP SWIM |
| 3:20-4:00 Lessons: 4 Lanes  
Y Program: 1 Lane  
NO LAP SWIM | 3:20-4:00 Lessons: 4 Lanes  
Y Program: 1 Lane  
NO LAP SWIM | 3:20-4:00 Lessons: 4 Lanes  
Y Program: 1 Lane  
NO LAP SWIM | 3:20-4:00 Lessons: 4 Lanes  
Y Program: 1 Lane  
NO LAP SWIM | 3:20-4:00 Lessons: 4 Lanes  
Y Program: 1 Lane  
NO LAP SWIM | 3:45-5:30 Lessons: 4 Lanes  
Y Program: 1 Lane  
NO LAP SWIM | 3:00-3:45 Lap Swim: 5 Lanes  
NO LAP SWIM |
| 4:00-5:00 Lessons: 5 Lanes  
NO LAP SWIM | 4:00-5:00 Lessons: 5 Lanes  
NO LAP SWIM | 4:00-5:00 Lessons: 5 Lanes  
NO LAP SWIM | 4:00-5:00 Lessons: 5 Lanes  
NO LAP SWIM | 4:00-5:00 Lessons: 5 Lanes  
NO LAP SWIM | **SEE BELOW** | 5:30-5:45 Lifeguard Transitions  
NO LAP SWIM |
| 5:00-7:00 DYD: 5 Lanes  
NO LAP SWIM | 5:00-7:00 DYD: 5 Lanes  
NO LAP SWIM | 5:00-7:00 DYD: 5 Lanes  
NO LAP SWIM | 5:00-7:00 DYD: 5 Lanes  
NO LAP SWIM | 5:00-6:30 DYD: 5 Lanes  
NO LAP SWIM | 5:30-5:45 Lifeguard Transitions  
NO LAP SWIM | CLOSED |
| 7:00-8:30 Family Rec: 2 Lanes  
Lap Swim: 2 Lanes  
Lessons: 1 Lane | 7:00-8:30 Family Rec: 2 Lanes  
Lap Swim: 2 Lanes  
Lessons: 1 Lane | 7:00-8:30 Family Rec: 2 Lanes  
Lap Swim: 2 Lanes  
Lessons: 1 Lane | 7:00-8:30 Family Rec: 2 Lanes  
Lap Swim: 2 Lanes  
Lessons: 1 Lane | 6:30-8:30 Family Rec: 3 Lanes  
Adult Lap: 2 Lanes | 5:45-6:45 Adult Lap: 3 Lanes  
Adult Rec: 2 Lanes | 6:45-7:45 Adult Lap: 5 Lanes |
| 7:10-7:40 Water Walk: 4 Lanes  
Lap Swim: 1 Lane | 7:10-7:40 Water Walk: 4 Lanes  
Lap Swim: 1 Lane | 7:10-7:40 Water Walk: 4 Lanes  
Lap Swim: 1 Lane | 7:40-8:30 Water Aero: 4 Lanes  
Lap Swim: 1 Lane | 7:40-8:30 Water Aero: 4 Lanes  
Lap Swim: 1 Lane | CLOSED |
| 7:40-8:30 Water Aero: 4 Lanes  
Lap Swim: 1 Lane | 7:40-8:30 Water Aero: 4 Lanes  
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Lap Swim: 1 Lane | 7:40-8:30 Water Aero: 4 Lanes  
Lap Swim: 1 Lane | CLOSED |
| 8:30-9:45 Adult Lap: 5 Lanes | 8:30-9:45 Adult Lap: 5 Lanes | 8:30-9:45 Adult Lap: 5 Lanes | 8:30-9:45 Adult Lap: 5 Lanes | 8:30-9:45 Adult Lap: 5 Lanes | **SEE BELOW** | **SEE BELOW** |

**On Saturdays when there is no pool rental, 3 lanes will be open for Adult Lap**

**Please call ahead to check whether Adult Lap will be held**

Danvers Community YMCA  
34 Pickering Street Danvers, MA 01923  
978.774.2055  
www.danversymca.org